

We're here to enable you to
achieve your goals,
strengthen your abilities,
and provide you with
excellent support.

CONTACT US

UNIT 4/324 GRIFFITH ROAD
LAVINGTON, NSW, 2640

☎ 02 7204 6177

✉ admin@espsupport.com.au

🌐 espsupport.com.au

📘 @ESP Support

We provide services to:

NDIS participants

DVA

Private Clients



ESP
Support

Enable - Strengthen - Provide



SERVICES

SUPPORT COORDINATION

NDIS Support Coordination is here to ensure participants get the most out of their support plans. We support you to connect with people and services in your community, help you understand your options, whilst maintaining your right to choice and control in your life.

PSYCHOSOCIAL RECOVERY COACHING

Choice, autonomy, ownership!
Psychosocial Recovery Coaches will work collaboratively with people, their families, carers and supports to **design, plan, implement and adjust a recovery plan.**
They will collaborate with the broader service system and will assist with the co-ordination of NDIS and other supports.

SHORT TERM ACCOMMODATION HOLIDAYS AND ACTIVITIES

Life can be full of fun!
Lets enjoy it, fancy a day-trip?
Maybe a weekend away,
want to try something different
- lets talk about it!

HOUSEHOLD TASKS CLEANING & DECLUTTERING

Assisting with cleaning, ironing, washing, bed making, sorting, organising and de-cluttering (that's our speciality!!!)



Proudly NDIS registered, our staff are fully qualified screened professionals.

We take pride in our easy going approach and connection with our clients to ensure the best fitting person to support each individual.

We are flexible and supportive in trying new ideas and new activities.
Our team members are creative and innovative so you can live the life you want!



GARDENING AND HOUSE MAINTENANCE

We can arrange one-off or regular garden maintenance and lawn mowing for you.
Contact us today, to discuss your needs.

SOCIAL AND COMMUNITY PARTICIPATION

Keeping in contact with others is good for the soul!
We will be creative in supporting you with your choice on how you want to get involved or participate in your community.
Is there an event coming up that you'd like to attend, but need the extra support, we are here for you!

MEAL PREPARATION AND LIVING SKILLS

Menu planning, shopping, preparing meals, assistance with everyday tasks.
Our friendly and skilled support workers are always willing to give you a helping hand.